

## CLUES FOR SPRING IPE DAY SCAVENGER HUNT

**Instructions:** Spring IPE Day is March 25, 2016 from 9:00-1:00. Leading up to the event, we are giving you the opportunity to build a relationship with your interprofessional team and start thinking about the impact a patient's sex and gender can have on treatment decisions. To this end, we are using a team scavenger hunt to prepare you for the big event. You will be given up to 4 sex and gender specific health clues with instructions for you to take a team photo at a designated clue destination. Responses to clues should be ~ paragraph long, but no longer than 300 words. Each time you submit the response to a clue and a team picture, you will be given the next clue. Be sure each member of your team completes a photo release form, which needs to be submitted with your first team photo. Grand prizes will be given to the team that completes the most clues in the shortest time, as well as the most innovative/entertaining team photo. Photos will be showcased at the Spring IPE Day. Responses to clues and team photos can be submitted to:

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### Clue 1: Sex and Gender Specific Health - Sports Injuries

1. Contact your team and determine a team name and mascot. Be creative!
2. Research the following clue: There are several differences in body structure between male and female athletes and these differences could affect injury during sports. List and briefly explain at least three differences in body structures that contribute to musculoskeletal injury differences in males and females. Identify which sex (male or female) has a higher incidence of ACL injuries. Provide a brief support for your answer.
3. Take a fun team photo with your mascot at public soccer field. Be sure your team photo does not contain additional people for whom we do not have a photo consent.
4. Submit your sex and gender clue along with your picture to Christie Beauregard in the Office of Interprofessional Education to receive your next clue.

### Clue 2: Sex and Gender Specific Health - Prescription Drugs

1. Research the following clue: In recent years, recognition of the differences among sex and gender in how prescription medication is prescribed has changed. What was the first prescription medication for which the FDA requires different recommended doses for women than for men? Provide a brief support for your answer.
2. Take a fun team photo with your mascot outside a local pharmacy. Be sure your team photo does not contain additional people for whom we do not have a photo consent.
3. Submit your sex and gender clue along with your picture to Christie Beauregard in the Office of Interprofessional Education to receive your next clue.

### **Clue 3: Sex and Gender Specific Health - Elderly Accident Prevention and Care**

1. Research the following clue: Does sex and gender play a role in the recovery of elderly adults involved in a fall accident? Mr. and Mrs. Jones are residents of a long-term care facility. Mr. Jones is 90 years of age and Mrs. Jones is 88. Both of the Joneses have been diagnosed with Osteoporosis. If both Mr. and Mrs. Jones were to experience a hip fracture due to a fall, would the sex differences in hip fracture outcomes mean the risk for mortality is higher for Mr. Jones or Mrs. Jones? Provide a support of your answers.
2. Take a fun team photo with your mascot outside a long-term care facility. Be sure your team photo does not contain additional people for whom we do not have a photo consent.
3. Submit your sex and gender clue along with your team photo to Christie Beauregard in the Office of Interprofessional Education to receive your next clue.

### **Clue 4: Sex and Gender Specific Health - ADD/ADHD in Pediatric Populations**

1. Research the following clue: ADD/ADHD has become a common disorder diagnosed in children, but are there sex and gender differences in the development and expression of ADD/ADHD? Describe reported sex and gender differences in normal attention, as well as the expression of ADD/ADHD in early elementary school children. List at least 3 modifications you would recommend related to early education curriculum, learning environments, play, physical education, and/or recess time to better accommodate these sex and gender differences? Provide a support of your answers.
2. Take a fun team photo with your mascot at a public recreational park with playground equipment for children. Be sure your team photo does not contain additional people for whom we do not have a photo consent.
3. Submit your sex and gender clue along with your team photo to Christie Beauregard in the Office of Interprofessional Education.