

Texas Tech University Health Sciences Center

(Sports Medicine, Sex and Gender Specific Health, & Interprofessional Practice and Education)

The Reason I Jump: An Interprofessional Preceptor Mini-Series

Episode 10 – Teambuilding

Preceptor Objectives:

1. Examine the barriers to building trust with a learner and provide at least two strategies for creating a trusting preceptor-learner relationship. *(Evaluate)*
2. Outline three critical elements of a learner and team debriefing following a critical patient encounter. *(Understand)*

Student Objectives:

1. List at least two strategies for detailing patient encounters and identifying key “take-aways” for future integration into clinical practice. *(Remember)*
2. Assess the learner’s ability to communicate with team members to clarify each member’s responsibility in executing components of a treatment plan during a patient encounter. *(Evaluate)*

Sex and Gender Health Objectives:

1. Inventory hydration needs during exercise and determine correlations to dehydration and thermoregulatory complications in male and female athletes. *(Understand)*

Interprofessional Education Objectives:

1. Grade the team’s use of process improvement strategies to increase the effectiveness of interprofessional teamwork and team-based care. *(Analyze)*

Preceptor Pearls:

1. Trust is built over time. As a preceptor, your goal is to help each learner feel like a future peer who evolves to function to the full extent of his or her skill and knowledge level over time. Preceptors can build trust by treating learners as a valuable addition to the health care team. **(Build trust by treating learners as a valuable team members.)**
2. Strategically use learner and team debriefs following clinical encounters to correct errors, reinforce behaviors, increase efficiency, and improve clinical competence. Debriefs allow insight and learning to be generalized to other clinical situations. **(Routinely use learner and team debriefs to improve clinical competence.)**

Student Pearls:

1. Let every patient interaction teach you something and continually seek opportunities to learn and improve upon what you already know. How you practice as a clinician after graduation will be a culmination of the practices you employed as a learner and feedback from your preceptors. **(Take one thing away from every patient encounter.)**
2. Be an active part of a team that cares for patients. Embrace the team approach, celebrate the role of your profession on the team, and learn about the professions of others. **(Be an active part of a health care team.)**