

Texas Tech University Health Sciences Center

(Sports Medicine, Sex and Gender Specific Health, & Interprofessional Practice and Education)

The Reason I Jump: An Interprofessional Preceptor Mini-Series

Episode 4 -Coping with Intimidation

Preceptor Objectives:

1. List at least three factors, including environmental and psychosocial factors, which could potentially influence the process of providing effective feedback. (*Remember*)
2. Discuss the impact of preceptor intimidation on learner stress and satisfaction with the learning environment. (*Understand*)

Student Objectives:

1. List at least three coping mechanisms for combating rotation-induced stress and preceptor intimidation. (*Remember*)
2. Postulate at least three barriers to focused teamwork and task completion while on a high- demand clinical rotation. (*Create*)

Sex and Gender Health Objectives:

1. Compare and contrast the distinct sex-related characteristics in the presentation profiles and of various acute cardiopulmonary events. (*Analyze*)

Interprofessional Education Objectives:

1. Provide recommendations for improved communication and interaction with patients, families, and other health professionals, which is in a manner that supports a team approach to the maintenance of health and the treatment of disease. (*Create*)

Preceptor Pearls:

1. Provide feedback in a formative fashion to assists learners in establishing their goals and analyzing their performance, with the ultimate goal of learners becoming self-evaluators and motivators. (*Provide formative feedback that helps learners reach goals.*)
2. Demonstrate enjoyment of and enthusiasm for clinical teaching. The environment in which teaching takes place has a major effect on the transfer of knowledge. (*Show enjoyment of and enthusiasm for precepting.*)

Student Pearls:

1. Use coping strategies to monitor and manage rotation-induced stress. Remember that being under a high level of stress is detrimental to learning. When dealing with a stressful situation, try being patient, encouraging, and supportive, while maintaining high expectations for yourself. (*Use coping strategies to monitor and manage rotation stress.*)
2. Be an active team member. Know your clinical roles and responsibilities on a team and follow through with assigned clinical tasks to the best of your ability. (*Be an active team member and complete all tasks.*)